

From Alice Thompson:

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From: Williams, Courtney (DCOA)

Family Caregivers Forum on Saturday, April 4, 2009 from 9:00 am – 2:00 pm:

The DC Chapter of Links, Incorporated is sponsoring a family caregivers forum to discuss caregiver stress, quality of life for patients and caregivers, medical leaves, wills, hospice care, spirituality, and bereavement. Participants will also learn about self-care methods such as meditation, massage therapy, aroma therapy, and other coping strategies. The event will be at St. Catherine's Hall at Providence Hospital (10th and Varnum Streets, NE). Please RSVP by emailing linkscaregivers@gmail.com or calling 202-269-7020.

The participating sponsors are;

Providence Hospital

Alzheimer's Association

Vitas Innovative Hospice Care

Care First BlueCross BlueShield

American Heart Association

Centers for Medicare & Medicare Services

District of Columbia Office on Aging

Family and Child Services

Office of Research on Women's Health